NEWSLETTER

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COUNCIL OF ACADEMIC PUBLIC HEALTH INSTITUTIONS AUSTRALASIA

ISSUE: June 2021

MESSAGE FROM OUR PRESIDENT - Professor Gregory Kolt



As the financial year comes to an end, it is important to reflect on the past year, the challenges, the achievements and what is in store in the future.

At CAPHIA, we have been busy enhancing member benefits over the last financial year with significant activity both achieved and also planned for the future. In July 2020, we ran a highly successful and virtual Teaching and Learning Forum at the University of Newcastle which supported staff at our member institutions to not only showcase their own work, but to also hear the achievements of others. We have welcomed member views through discussion forums and interactive webinars, and put in place the strategic infrastructure through broader participation from staff at member universities within our working groups to ensure that that there are avenues for engagement of staff at our member institutions.

In 2021 -2022, CAPHIA is looking forward to establishing and working on some key projects,

some of which will extend over the next two years. These projects include a National Public Health Workforce Skills survey, a National Training Standards project that will include consultation with members to form a collective view on public health accreditation, as well as a public health communities of practice portal to share resources, and stronger advocacy moving forward. This of course is in addition to our social media internship program, interactive webinars and other core business for CAPHIA.

It is important as we move into 2021-2022, that we also reflect on the disrupted environment that has influenced how public health education has been shaped. This year's <u>CAPHIA Teaching and Learning Forum</u> focuses on this key issue. At the Forum you will hear presentations from Dr Sandro Demaio, CEO of VicHealth, Dr Ngaree Blow, University of Melbourne and Associate Professor Maree Toombs, Associate Dean Indigenous Engagement, University of Queensland. The forum will also contain networking, a digital story board and two workshops; one focusing on supporting the embedding of First Nations Peoples' perspectives and knowledges in public health education, and the second developing a CAPHIA position statement on how public health education has been impacted during this time of disruption that will be submitted for publication at the Australian New Zealand Journal of Public Health. It's not too late to register and participate in this key CAPHIA event: https://www.eventbrite.com.au/e/caphia-teaching-and-learning-forum-tickets-152786142465

Professor Gregory Kolt President

IMPORTANT KEY DATES COMING UP

Public Health at a Time of Disruption

CAPHIA Teaching and Learning Forum on 15 and 16 July 2021

The forum provides an opportunity for public health educators to share their experience, innovate and improve pedagogy.

Don't miss out! Register to attend now Free Interactive Webinar: Transform-Us!

22 September 2021

Hear from 2020 CAPHIA Award winner Professor Jo Salmon, Deakin University, on the Transform-Us! Program.



To RSVP please email caphia@phaa.net.au

Australian Public Health Conference



23 and 24 September 2021

Supporting and Re-energising Public Health in a Disrupted World

Hear from key public health leaders: Professor Simon Lenton, Curtin University Associate Professor Fay Johnston, University of Tasmania Professor Alison Ritter, University of NSW Register your participation: <u>here</u>

CAPHIA's Social Media Intern Blog

Have you added CAPHIA as a friend on Facebook or followed CAPHIA on Twitter?

Disability Inclusion for Equitable Public Health Efforts by Lindsey Ngo, Griffith University

At the wrap up of National Deafblind Awareness Week, we ask the question: do you hold unconscious "ableism" biases? As public health professionals and students, we often strive for equity for all, but sometimes our most vulnerable are left behind. Dr. Bonnielin Swenor makes an urgent call to action to include disability in public health equity efforts (Swenor, 2021). Swenor is the Director of the Johns Hopkins University Disability Health Research Center with a passion for improving the wellbeing of those with disability (Johns Hopkins University, 2021).



One in seven people worldwide have a disability, 2-4% of which experience significant difficulties in performing tasks in their daily lives (WHO, 2011). In her article, Swenor (2021) highlights that the disability community is simultaneously one of the world's largest minority groups and one of the most under-served. Stigma strongly persists for those with disability who experience frequent difficulties with accessing health care compared to those without disability (Panocchia et al., 2021). Like other minority groups, the disability community face similar social/systemic barriers plus additional physical, accessibility, and communication barriers (Swenor, 2021). Public health, due to a focus on the prevention of disability, often

views those with disability as beyond the scope of prevention efforts, perpetuating *ableism* and health inequities for those with disability (Swenor, 2021).

What is Ableism?

According to People With Disability Australia, ableism is "the systemic exclusion and oppression of people with disability, often expressed and reinforced though language" (PWDA, n.d.).

So, what does ableism look like? Most of us would be familiar with derogatory terms like retard, cripple, gimp, and midget. However, did you know that describing someone who uses a wheelchair as "wheelchair-bound" or someone with a cognitive disability as "intellectually challenged" or "mentally disabled" would be considered ableist? According to the National Center on Disability and Journalism (NCDJ), even the word "disability" is not universally accepted in the community and that when describing groups of people with disability, it's important to use the singular form of disability, over the plural as the plural implies multiple disabilities in the same person.

As academics who report on health conditions and disability, it is imperative that our language is as inclusive and nonoffensive as possible.

Disability inclusive language should:

- Be people-first: focus on the person rather than the disability. In other words, "person with a disability" instead of "disabled person"
- Avoid negative-focused or derogatory terms: language such as "afflicted with", "suffers from", and "victim of" are examples of disability exclusive language
- Attempt to ask the person or people with a disability how they would prefer to be described (NCDJ, n.d.)

When possible, the following terms are considered acceptable ways to describe people with disability:

- people with disability
- has disability
- lives with disability (PWDA, 2018)

Being aware of the language we use is an important first step towards addressing ableism and the systemic stigma towards people with disability. In her urgent call to action, Swenor (2021) describes ableism as "a formidable threat to health equity" and emphasises that public health's acknowledgement of ableism is the first essential step towards including people with disability in all health equity efforts. For a list of the references included in this article, please email <u>CAPHIA@phaa.net.au</u>

CAPHIA NOTICES

Bid to host the next CAPHIA Teaching and Learning Forum

CAPHIA facilitates regular Teaching and Learning Fora across Australasia for academics involved in public health learning and teaching activity. The events run for two days and are hosted by our member organisations. They provide important opportunities for sharing, learning, networking and collaboration. Expressions of Interest are sought from member institutions to host the CAPHIA 2022 or CAPHIA 2023 Teaching and Learning Forum.

As a University Partner, you will work with the CAPHIA Executive Officer to:

- Confirm dates for the Forum;
- Chair the Forum Steering Group;
- Compile the program including confirming keynote speakers and the call for abstracts;
- Organise any audio-visual equipment or IT support; and
- Support the smooth running of the event over the two days of the Forum.

If you are interested in showcasing the work of your University during this key CAPHIA event, please complete the online form by 2 July 2021 at: <u>https://www.surveymonkey.com/r/FP5QYNT</u>

Conquering Cancer – Making History by Eliminating Cervical Cancer Everywhere



CONQUERING CANCER

For the first time in human history, a cancer is on the brink of elimination. A documentary called *Conquering Cancer* is capturing this monumental journey. <u>Watch the trailer</u>.

Cervical cancer is the fourth most common cancer in women. It is also preventable and treatable if diagnosed early. But every two minutes around the globe, a woman will lose her life to cervical cancer. That's more than 300,000 women every year.

Supporting the World Health Organization's elimination targets of vaccination, screening and treatment, *Conquering Cancer* is a definitive film with a soaring ambition: to accelerate the elimination of cervical cancer for women and girls.

The film amplifies the achievements of countries where elimination is imminent. It also seeks to encourage decision makers in other nations to prioritise critical action and put their country on the pathway to elimination, too.

Today, failure to eliminate cervical cancer is not an option; we have the tools and the know-how to achieve this incredible feat. Now our task it to get it done. If elimination can be achieved, it's estimated that the lives of 62 million women will be saved.

You can support this mission by pledging to host an event screening of *Conquering Cancer* for your public health institution.

There are a few different ways to host a screening, either at a cinema or at a venue of your choice. As a host, you can organise the event to include a panel discussion featuring core academic staff at your university or expert voices in the field of public health. You can also use it as an opportunity to fundraise. Events can be as big or as small as you like and you'll be guided through every step.

Visit https://hostanevent.conqueringcancercampaign.com/ to register or email kristina@mooshine.agency to get the ball rolling.

[.]Making History by Eliminating Cervical Cancer Everywhere



COUNCIL OF ACADEMIC PUBLIC HEALTH INSTITUTIONS AUSTRALASIA

Teaching & Learning Forum

15 & 16 JULY 2021

Public Health Education in a Time of Disruption

With disruption comes an opportunity to innovate and advance public health pedagogy. Our most recent global public health disruption, the COVID-19 pandemic, along with the shifting sands of higher education reforms has created space for new ways of conceptualising and delivering public health education into the future. Emerging from this global public health emergency, public health educators across Australasia are invited to reflect, share and learn together at this CAPHIA teaching and learning forum.



Don't Miss out! Register Now!

For more information, please visit our website: caphia.com.au

